

One life, one dream, one chance

.... The journey



Dream big, spread your wings and fly high sounds so inspiring but sometimes life takes you to a different path, unplanned and unanticipated, when you have to fold the wings and keep the dream alive to be fulfilled at the opportune moment.

Getting married at an early age and eventually carrying a bundle of joy in my lap, life was beautiful but someone inside me was restless. My creative side was taking attention and reflecting in all of my actions, whether it was my child's drawing competition or fancy dress. The title of a "creative mom" was good enough to bring a smile on my face but certainly not big to fill that vacuum. How can you be at peace when the magma is boiling within?

Being a self taught artist was an expedition, a journey of not only proving yourself but also self exploration and discovering your own strengths.

Finally I found my solace in painting.

From emulating the references to create my original art pieces, it was a bumpy ride full of struggles and endless sleepless nights. Managing family with my passion was an uphill task, an artist paints on the canvas only for few hours but the painting resonates in her mind, adding and deleting elements and colour 24x7. By this time I have understood it well that what I have chosen for myself is not easy and to bring a balance is the need of the hour.

To enrich myself I started attending different art shows, I used to stand in front of the paintings for hours, with my eyes penetrating each and every layer of colour, reading textures and strokes and then coming back with the mind full of ideas. I wanted to try each and every thing but what materials to use, which tools to apply, so many questions hovering over my mind and there was no one to respond. Then I thought of taking a formal education in a reputed college but the permutation and combination of time and effort at that juncture in life had trashed the idea and other priorities had taken over. Now the only option was to think, experiment and explore. I felt as if I was standing in a desert with my hands outstretched for rains. I did everything except giving up and finally it poured and drenched me with the colors of joy, success and accomplishment.



What lies beneath my every perfect stroke today is a story of a woman, a daughter, a wife, a mother whose priority is her family but eyes full of dreams which are keeping her awake. Instead of folding the wings she chose to strengthen it so that she can fly with her nest towards the destiny she has made for herself.

Shweta Rastogi – a professional artist

Shweta's work is inspired by her beliefs in spirituality, emotions and social issues. She feels every artist dips the brush in her soul and paints her own nature on the canvas. Poised with this conception, she embarked her journey as an artist several years ago. Being a self-taught learner has helped her expanded her creativity and break the boundaries of conventional structured learning.

Shweta holds a professional degree in Fashion Designing and proud to be the first rank holder in her academic year. Her art work specializes in mixed media on canvas and hand painted wooden artefacts. Since 2014 she is affiliated with various renowned art galleries in India. She was credited with the accolade of one of the best 50 Indian young professional artists for a highly prestigious exhibition. In India, she had exhibited her work at Prince of Whales Museum, Nehru Centre Art Gallery, World Trade Centre (Mumbai), Times Interior Expo (Times Group), ICAC Gallery and participated in many other reputed



'Mystery Girl in Red', when she got selected among the top artists in India.

commercial shows. Her recent work showcased at Kambal Art Gallery, Hong Kong had added another feather in the cap. She proudly represented India at a global platform among twenty other nationalities. Her work is very well received and appreciated by the community.



Giving back is a way of life and is more joyous than receiving, believes Shweta. She volunteered her services to SAF(Sovereign Art Foundation, Hong Kong) where she taught children suffering dyslexia. She is now part of 'Be The Change', an NGO serving Ethnic Minorities'.



Shweta taking the art session for kids at "Affordable Art Fair 2018" as part of initiative from The Sovereign Art Foundation (SAF)

The strokes of the brush needs deliberation as much as the sword as both of them leaves the same impact, one on the body and the other on the soul. Canvas is not just meant for textures and splash of colours, it is a medium to exhibit human emotions and convey a message, says Shweta. She spreads awareness through her artwork on issues like love for animals, girls education and human rights.



'Hunt me too', She takes pride in painting for PETA, the world's largest animals right organization.



'Give me wings', Story of a girl longing to break the barriers and fly high in the sky with the wings of education.



'Where is the Sunshine', when she adopted a girl child for education and lost her in the world.

Shweta firmly believes that there is art in each one of us, and everyone has their own unique way to portray them. To promote art with kids and adults, she conducts art classes where her students experiment with their thoughts on canvas.





My each art work is like worship for me. We get one life and hence one chance to fulfil our dreams. I am thankful to God to have revealed my dream as I know for sure that I am born to paint , believes Shweta.



KIT KAT EVENTS & MARKETING
presents

YOUNG INDIANS

ARTS FESTIVAL

Sunday, 23rd Sept,
Estoril Court ClubHouse, Mid Levels

Drawing Competition
Art Workshop
Yoga Workshop
Book Reading
and more!

Age Group:
2-4yrs, 5-8yrs
& 9-12yrs

Let's Inspire & Teach our Children:
♥ Compassion ♥ Humanity ♥ Empathy

**We are delighted to bring on board
as our Judge**



Shweta Rastogi
Splashes Studio

An Artist, who believes her art is the reflection of her values and thought process. She loves reflecting life in her painting by potraying Human Emotions.



To register for the Young Indian Art Festival, click the link: <https://kitkateventz.com/product/art-festival/>



Shweta participated in "Celebrating Diversity" Art Exhibition by Kambal Art Gallery in Hong Kong, 2019